

# OCTOBER 2018

## PRE-K HEAD START

## MILFORD ISD

Meal Prices
Student \$
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<b>HAM &amp; CHEESE CROISSANT</b> Chilled Fruit Fresh Fruit 100%fruit Juice Milk jelly	<b>CEREAL</b> w/Buttered Toast Chilled Fruit 1% Plain White Milk	<b>OATMEAL</b> w/Cinnamon <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>CHICKEN BISCUIT</b> Chilled Fruit Jelly 1% Plain White Milk	<b>CEREAL</b> w/ <i>Buttered Toast</i> Chilled Fruit Jelly 1% Plain White Milk
8	9	10	11	12
<b>HOLIDAY</b>	<b>SCRAMBLED OMELET</b> w/ <i>Buttered Toast</i> Chilled Fruit 1% Plain White Milk	<b>OATMEAL</b> w/Cinnamon <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>SAUSAGE BISCUIT</b> Chilled Fruit 1% Plain White Milk Jelly	<b>CEREAL</b> w/ Cinnamon <i>Buttered Toast</i> Chilled Fruit 1% Plain White Milk
15	16	17	18	19
<b>BREAKFAST PIZZA</b> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>CEREAL</b> w/Buttered Toast Chilled Fruit 1% Plain White Milk	<b>OATMEAL</b> w/Cinnamon <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>CHICKEN BISCUIT</b> Chilled Fruit Jelly 1% Plain White Milk	<b>CEREAL</b> w/ <i>Buttered Toast</i> Chilled Fruit Jelly 1% Plain White Milk
22	23	24	25	26
<b>CEREAL</b> w/ <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>SCRAMBLED OMELET</b> w/ <i>Buttered Toast</i> Chilled Fruit 1% Plain White Milk	<b>OATMEAL</b> w/Cinnamon <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>SAUSAGE BISCUIT</b> Chilled Fruit 1% Plain White Milk Jelly	<b>CEREAL</b> w/ Cinnamon <i>Buttered Toast</i> Chilled Fruit 1% Plain White Milk
29	30	31		
<b>BREAKFAST PIZZA</b> <b>100% Fruit Juice</b> 1% Plain White Milk	<b>CEREAL</b> w/Buttered Toast Chilled Fruit 1% Plain White Milk	<b>OATMEAL</b> w/Cinnamon <i>Buttered Toast</i> <b>100% Fruit Juice</b> 1% Plain White Milk		

### DAILY OFFERINGS

**1% OR FAT FREE FLAVORED MILK**

# BREAKFAST

# OCTOBER 2018

## PRE-K HEAD START

### Milford ISD

Meal Prices  
Student \$  
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>STEAK FINGERS</b> Mashed Potatoes Broccoli Normandy Chilled Peaches Gravy/WG Rolls	2 <b>CREAMY CHICKEN ALFREDO</b> Glazed Carrots 100% Fruit Slush Cup	3 <b>PIZZA</b> Seasoned Green Beans Chilled Mandarin Oranges	4 <b>BEEFY ENCHILADAS</b> Refried Beans 100% Fruit Slush Cup	5 <b>CRISPY FISH NUGGETS</b> Seasoned Fries Chilled Pineapple Tidbits Ketchup
8 HOLIDAY	9 <b>BEEF LASAGNA</b> Green Beans 100% Fruit Slush Cup	10 <b>PIZZA (Home-style)</b> (Cheese/Pepperoni) Seasoned Corn Chilled Mandarin Oranges	11 <b>SOFT BEEF TACOS</b> Charro Beans 100% Fruit Slush Cup Salsa /Jalapeno Shredded cheese	12 <b>CHICKEN PHILLY SANDWICH</b>  French Fries Mixed Fruit Ketchup
15 <b>TEXAS COUNTRY BOWL</b> Mashed Potatoes WG Rolls Rosy Applesauce Gravy/ Ketchup	16 <b>SWEET &amp; SOUR CHICKEN</b> Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup	17 <b>PIZZA</b> (Pepperoni/Cheese) Steamed Corn Mixed Fruit	18 <b>BEEFY NACHOS</b> Refried Beans 100% Fruit Slush Cup Jalapeno	19 <b>TURKEY SUB SANDWICH</b> SEASONAL FRESG FRUIT BAKED CHIPS
22 <b>SWEDISH MEATBALLS</b> Homestyle Mashed Potatoes Chilled Mandarin Oranges WG Rolls Gravy	23 <b>TERIYAKI CHICKEN</b> Italian Blend Vegetables 100% Fruit Slush Cup WG Garlic Breadstick	24 <b>BEEF RAVIOLI</b> Carrot Sticks w/ Ranch Chilled Mixed Fruit	25 <b>TWIN CRISPY TACOS</b> Seasoned Black Beans 100% Fruit Slush Cup Salsa / Shredded Cheese	26 <b>HAMBURGER</b> French Fries Seasoned Corn Chilled Tropical Fruit Ketchup
29 <b>TOASTED HAM &amp; CHEESE SANDWICH</b> Potato Salad Chilled Fruit	30 <b>SWEET &amp; SOUR CHICKEN</b> Asian stir fry Vegetable Lo Mein Noodle Steamed Brown Rice 100%Fruit Slush	31 <b>HOMESTYLE PIZZA</b>  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges		

## DAILY OFFERINGS

**1% OR FAT FREE FLAVORED MILK**