

Meal Prices
Student \$
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<u>HAM &amp; CHEESE CROISSANT</u> <u>CEREAL w/toast</u>  Chilled Fruit Fresh Fruit 100%fruit Juice Milk jelly	<u>SCRAMBLED OMELET</u> w/ <i>Buttered Toast</i> SUPER GLAZED DONUT <u>CEREAL w/ Buttered Toast</u> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>FRUIT PARFAIT</u> <u>OATMEAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>CHOCOLATE MUFFIN</u> <u>SAUSAGE BISCUIT</u> <u>CEREAL w/ Buttered Toast</u> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>BREAKFAST TACO</u> (BACON & EGG) <u>CEREAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly
8	9	10	11	12
HOLIDAY	<u>BREAKFAST NACHOS</u> <u>HOMESTYLE- CINNAMON ROLL</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Fresh Fruit Chilled Fruit 1% Plain White & FF Flavored Milk Salsa	<u>CHICKEN-N-WAFFLE STICKS</u> <u>FRUIT PARFAIT W/ GRANOLA</u> <u>OATMEAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BLUEBERRY MUFFIN</u> <u>CHICKEN BISCUIT</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk	<u>MORNING SAUSAGE ROLL</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk
15	16	17	18	19
<u>YOGURT CUP W/ GRAHAM</u> <u>CRACKERS</u> <u>FRENCH TOAST STICKS</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Jelly	<u>SCRAMBLED OMELET</u> w/ <i>Buttered Toast</i> SUPER GLAZED DONUT <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>FRUIT PARFAIT</u> <u>OATMEAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>CHOCOLATE MUFFIN</u> <u>SAUSAGE BISCUIT</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly	<u>BREAKFAST TACO</u> (BACON & EGG) <u>CEREAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly
22	23	24	25	26
<u>BREAKFAST PIZZA</u> <u>MINI PANCAKES</u> <u>CEREAL</u> w/ Cinnamon <i>Buttered</i> Toast Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BREAKFAST NACHOS</u> <u>HOMESTYLE- CINNAMON ROLL</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Fresh Fruit Chilled Fruit 1% Plain White & FF Flavored Milk Salsa	<u>CHICKEN-N-WAFFLE STICKS</u> <u>FRUIT PARFAIT W/ GRANOLA</u> <u>OATMEAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup	<u>BLUEBERRY MUFFIN</u> <u>CHICKEN BISCUIT</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk	<u>MORNING SAUSAGE ROLL</u> <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk
29	30	31		
<u>HAM &amp; CHEESE CROISSANT</u> <u>CEREAL w/toast</u>  Chilled Fruit Fresh Fruit 100%fruit Juice Milk jelly	<u>SCRAMBLED OMELET</u> w/ <i>Buttered Toast</i> SUPER GLAZED DONUT <u>CEREAL</u> w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk	<u>PANCAKE ON STICK</u> <u>FRUIT PARFAIT</u> <u>OATMEAL</u> w/ Cinnamon <i>Buttered</i> Toast Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup		

### DAILY OFFERINGS

**1% OR FAT FREE FLAVORED MILK  
CHILLED OR FRESH FRUIT**

# OCTOBER 2018

K-4<sup>th</sup>

## MILFORD ISD

Meal Prices  
Student \$  
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>STEAK FINGERS</b> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy	2 <b>CREAMY CHICKEN ALFREDO</b> Glazed Carrots Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	3 <b>PIZZA</b> Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges	4 <b>BEEFY ENCHILADAS</b> Spanish Rice Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno	5 <b>CRISPY FISH NUGGETS W/ ROLL</b> Seasoned Fries Baked Beans Chilled Pineapple Tidbits Ketchup
8 <b>HOLIDAY</b>	9 <b>BEEF LASAGNA</b> Green Beans ITALIAN Squash 100% Fruit Slush Cup	10 <b>ITALIAN MEATBALL SUBS</b> Seasoned Corn Romaine Garden Salad Chilled Mandarin Oranges	11 <b>SOFT BEEF TACOS</b> Spanish Rice / Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa /Jalapeno Shredded cheese	12 <b>CHICKEN PHILLY SANDWICH</b>  French Fries Baked Beans Mixed Fruit
15 <b>TEXAS COUNTRY BOWL</b> Mashed Potatoes Green Peas WG Rolls Gravy/ Ketchup Rosy Applesauce	16 <b>SWEET &amp; SOUR CHICKEN</b> Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup Fortune Cookie/Rolls	17 <b>PIZZA</b> (Pepperoni/Cheese) Carrot Sticks w/Ranch Steamed Corn Mixed Fruit	18 <b>BEEFY NACHOS</b> Spanish Rice Refried Beans 100% Fruit Slush Cup Jalapeno	19 <b>TURKEY SUB SANDWICH</b> LETTUCE & TOMATO SALAD SEASONAL FRUIT BAKED CHIPS
22 <b>SWEDISH MEATBALLS</b> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy	23 <b>TERIYAKI CHICKEN</b> Italian Blend Vegetables Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	24 <b>BEEF RAVIOLI</b> Seasoned Green Beans Carrot Sticks w/ Ranch Chilled Mixed Fruit	25 <b>TWIN CRISPY TACOS (2)</b> Seasoned Pinto Beans Spanish Rice Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese	26 <b>HAMBURGER</b> French Fries Seasoned Corn Chilled Tropical Fruit Ketchup
29 <b>TOASTED HAM &amp; CHEESE SANDWICH</b> Potato Salad Chilled Fruit	30 <b>SWEET &amp; SOUR CHICKEN</b> Asian stir fry Vegetable Lo Mein Noodle Steamed Brown Rice 100%Fruit Slush	31 <b>HOMESTYLE PIZZA</b>  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges		

### DAILY OFFERINGS

1% OR FAT FREE FLAVORED  
MILK  
ROMAINE GARDEN SALADS  
FRESH FRUIT

\* NATIONAL SCHOOL LUNCH WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2ND OPTION	CHEF SALAD W/ HAM	GRILLED CHICKEN SANDWICH	CHEF SALAD W/TURKEY	BURRITOS W/CHEESE SAUCE	CHEF SALAD W/ CHICKEN

5<sup>th</sup> -8<sup>th</sup>

# OCT 2018

## MILFORD ISD

Meal Prices  
Student \$  
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<u>CHICKEN TENDERS</u> <u>STEAK FINGERS</u> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy	<u>SPAGHETTI MEAT SAUCE</u> <u>CREAMY CHICKEN ALFREDO</u> Glazed Carrots Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	<u>PIZZA (Home-style)</u> (Cheese/Pepperoni/Hamburger)  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges	<u>BEEFY ENCHILADAS</u> <u>CRISPITOS</u>  Spanish Rice Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa	<u>HOT AND SPICY CHICKEN SANDWICH</u> <u>CRISPY FISH NUGGETS W/ROLLS</u> Seasoned Fries Chilled Pineapple Tidbits Ketchup
8	9	10	11	12
HOLIDAY	<u>BAKED POTATO BAR</u> Diced Ham, Chicken Fajita, or BBQ Beef Broccoli & Cheese Sour Cream Butter Bacon Bits Green onion 100% fruit Slush	<u>ITALIAN MEATBALL SUBS</u> <u>BEEF LASAGNA</u> Seasoned Corn Chilled Mixed Fruit WG Rolls	<u>CHICKEN QUESADILLA</u> <u>SOFT BEEF TACOS</u> Spanish Rice / Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa /Jalapeno Shredded cheese	<u>KICKIN BBQ CHICKEN SANDWICH</u> <u>CHICKEN PHILLY</u> French Fries Romaine & Spinach Garden Salad Blushing Pears
15	16	17	18	19
<u>HOMESTYLE BAR</u> Steamed Rice Green Peas Rolls	<u>ASIAN BAR</u> Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup Fortune Cookie/Rolls	<u>PASTA BAR</u> Carrot Sticks Steamed Corn WG BREADSTICK	<u>NACHO BAR</u> Spanish Rice Refried Beans 100% Fruit Slush Cup Jalapeno /Salsa	<u>DELI BAR</u>  BAKED CHIPS SEASONAL FRESH FRUIT CHOICE OF WG BREAD
22	23	24	25	26
<u>SWEDISH MEATBALLS</u> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy	<u>TERIYAKI CHICKEN</u> <u>POPCORN CHICKEN</u> Italian Blend Vegetables Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	<u>BEEF RAVIOLI</u> <u>CHICKEN CACCIATORE</u>  Seasoned Green Beans Carrot Sticks w/ Ranch Chilled Mixed Fruit WG Rolls	<u>TWIN CRISPY TACOS (2)</u> <u>SOFT CHICKEN TACO (2)</u> Seasoned Black Beans Spanish Rice Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese	<u>BULL DOG BURGER BAR</u> French Fries Seasoned Corn Chilled Tropical Fruit WG Roll Ketchup
29	30	31		
<u>TOASTED HAM &amp; CHEESE SANDWICH</u> <u>H&amp;S CHICKEN SANDWICH</u> Potato Salad Chilled Fruit	<u>SWEET &amp; SOUR CHICKEN</u>  Asian stir fry Vegetable Lo Mein Noodle Steamed Brown Rice 100%Fruit Slush	HOMESTYLE PIZZA  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges		

### DAILY OFFERINGS

**1% OR FAT FREE FLAVORED MILK**  
**ROMAINE GARDEN SALADS**  
**FRESH FRUIT**

\*NATIONAL SCHOOL LUNCH WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3RD OPTION</b>	CHEF SALAD W/ HAM	GRILLED CHICKEN SANDWICH	CHEF SALAD W/ TURKEY	BURRITOS W/CHEESE SAUCE	CHEF SALAD W/CHICKEN

9<sup>th</sup> - 12<sup>th</sup>

# OCT 2018

## MILFORD ISD

Meal Prices
Student \$
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<u>CHICKEN TENDERS</u> <u>STEAK FINGERS</u> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy Apple Crisp	<u>SPAGHETTI MEAT SAUCE</u> <u>CREAMY CHICKEN ALFREDO</u> Glazed Carrots Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	<u>PIZZA (Home-style)</u> (Cheese/Pepperoni/Hamburger)  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges	<u>BEEFY ENCHILADAS</u> <u>CRISPITOS</u>  Spanish Rice Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa	<u>HOT AND SPICY CHICKEN SANDWICH</u> <u>CRISPY FISH NUGGETS W/ROLLS</u> Seasoned Fries Chilled Pineapple Tidbits Ketchup
8	9	10	11	12
HOLIDAY	<u>BAKED POTATO BAR</u> Diced Ham, Chicken Fajita, or BBQ Beef Broccoli& Cheese Sour Cream Butter Bacon Bits Green onion 100% fruit Slush	<u>ITALIAN MEATBALL SUBS</u> <u>BEEF LASAGNA</u> Seasoned Corn Chilled Mixed Fruit WG Rolls	<u>CHICKEN QUESADILLA</u> <u>SOFT BEEF TACOS</u> Spanish Rice / Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Salsa /Jalapeno Shredded cheese	<u>KICKIN BBQ CHICKEN SANDWICH</u> <u>CHICKEN PHILLY</u> French Fries Romaine & Spinach Garden Salad Blushing Pears
15	16	17	18	19
<u>HOMESTYLE BAR</u> Steamed Rice Green Peas Rolls Peach Crisp	<u>ASIAN BAR</u> Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup Fortune Cookie/Rolls	<u>PASTA BAR</u> Carrot Sticks Steamed Corn WG BREADSTICK	<u>NACHO BAR</u> Spanish Rice Refried Beans 100% Fruit Slush Cup Jalapeno /Salsa	<u>DELI BAR</u> <u>BAKED CHIPS</u> <u>SEASONAL FRESH FRUIT</u> <u>CHOICE OF WG BREAD</u> <u>ICE CREAM</u>
22	23	24	25	26
<u>SWEDISH MEATBALLS</u> Homestyle Mashed Potatoes Peas & Carrots Chilled Mandarin Oranges WG Rolls Gravy Apple Crisp	<u>TERIYAKI CHICKEN</u> <u>POPCORN CHICKEN</u> Italian Blend Vegetables Romaine Spinach Garden Salad 100% Fruit Slush Cup WG Garlic Breadstick	<u>BEEF RAVIOLI CHICKEN</u> <u>CACCIATORE</u> Seasoned Green Beans Carrot Sticks w/ Ranch Chilled Mixed Fruit WG Rolls	<u>TWIN CRISPY TACOS (2)</u> <u>SOFT CHICKEN TACO (2)</u> Seasoned Black Beans Spanish Rice Lettuce & Tomato Salad 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese	<u>BULLDOG BURGER BAR</u> French Fries Seasoned Corn Chilled Tropical Fruit WG Roll Ketchup
29	30	31		
<u>TOASTED HAM &amp; CHEESE SANDWICH</u> <u>H&amp;S CHICKEN SANDWICH</u> Potato Salad Chilled Fruit Strawberry Shortcake	<u>SWEET &amp; SOUR CHICKEN</u> Asian stir fry Vegetable Lo Mein Noodle Steamed Brown Rice 100%Fruit Slush	<u>HOMESTYLE PIZZA</u>  Seasoned Green Beans Cucumber Chips w/ Ranch Chilled Mandarin Oranges		

### DAILY OFFERINGS

1% OR FAT FREE FLAVORED MILK  
 ROMAINE GARDEN SALADS  
 FRESH FRUIT

\*NATIONAL SCHOOL LUNCH WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3RD OPTION</b>	CHEF SALAD W/ HAM	GRILLED CHICKEN SANDWICH	CHEF SALAD W/ TURKEY	BURRITOS W/CHEESE SAUCE	CHEF SALAD W/CHICKEN