









JANUARY 2019

PRE-K HEAD START

MILFORD ISD

Meal Prices
Student \$
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
9	10	11	12	13
		<p>OATMEAL w/ Cinnamon <i>Buttered Toast</i> Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Milk Syrup</p>	<p>CHICKEN BISCUIT Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk</p>	<p>MORNING SAUSAGE ROLL Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk</p>
14	15	16	17	18
<p>YOGURT CUP W/ GRAHAM CRACKERS Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Jelly</p>	<p>SCRAMBLED OMELET w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk</p>	<p>PANCAKE ON STICK Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Milk Syrup</p>	<p>SAUSAGE BISCUIT Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly</p>	<p>CEREAL w/ Cinnamon <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk Jelly</p>
21	22	23	24	25
	<p>CEREAL w/ <i>Buttered Toast</i> Fresh Fruit Chilled Fruit 1% Plain White & FF Flavored Milk Salsa</p>	<p>FRUIT PARFAIT W/ GRANOLA Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Milk Syrup</p>	<p>CHICKEN BISCUIT Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk</p>	<p>MORNING SAUSAGE ROLL Chilled Fruit Fresh Fruit Jelly 1% Plain White & FF Flavored Milk</p>
28	29	30	31	
<p>HAM & CHEESE CROISSANT Chilled Fruit Fresh Fruit 100% fruit Juice Milk jelly</p>	<p>SCRAMBLED OMELET w/ <i>Buttered Toast</i> Chilled Fruit Fresh Fruit 1% Plain White & FF Flavored Milk</p>	<p>PANCAKE ON STICK Chilled Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Milk Syrup</p>	<p>BREAKFAST PIZZA Fresh Fruit 100% Fruit Juice 1% Plain White & FF Flavored Milk Syrup</p>	

DAILY OFFERINGS

1% OR FAT FREE FLAVORED MILK








BREAKFAST

JANUARY 2019

PRE-K HEAD START

Milford ISD

Meal Prices
Student \$
Adult \$

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
		9	10	11
		<u>HOMESTYLE PIZZA</u> Mixed Vegetables Seasonal Fruit Carrot Sticks w /Ranch	<u>TACO PIE</u> Spanish Rice Refried Beans Mexicali Corn 100% Fruit Slush Cup	<u>TURKEY & CHEESE SUBS</u> Baked Chips Pasta Salad Mixed fruit
14	15	16	17	18
<u>TOASTED HAM & CHEESE SANDWICH</u> Vegetable Soup Steamed Broccoli Seasonal Fruit	<u>ASIAN CHICKEN</u> Steamed Brown Rice Oriental blend Vegetable 100%Fruit Slush Cup	<u>CHICKEN ALFREDO</u> Italian Zucchini & Tomato Tossed Salad Seasonal Fruit	<u>SOFT BEEF TACOS</u> Cilantro Lime Rice Charro Beans 100% fruit Slush Cup	<u>HAMBURGER</u> French fries Baked Beans Seasonal fruit
21	22	23	24	25
	<u>SWEET & SOUR CHICKEN</u> Fried Rice Steamed Broccoli 100% Fruit Slush Fortune Cookie	<u>HOMESTYLE PIZZA</u> Seasoned Squash Tossed Salad Seasonal Fruit	<u>BEEFY NACIHOS</u> Spanish Rice Refried Beans 100% Fruit Slush Cups Jalapenos/ Salsa/Sour Cream	<u>CHICKEN PATTY SANDWICH</u> Baked Chips Macaroni Salad Mixed Fruit Ketchup/Mayo
28	29	30	31	
<u>CHILI CHEESE FRIES</u> Green Beans Seasonal Fruit Cucumber Chips w/ Ranch	<u>CHICKEN LO MEIN</u> Oriental Blend Vegetable Mixed fruit Vegetable Egg roll	<u>BEEF RAVIOLI</u> Caesar Salad Seasonal Fruit Garlic Breadstick	<u>BURRITO W/ CHEESE SAUCE</u> Cilantro Lime Rice Charro Beans 100% Fruit Slush Cup	

DAILY OFFERINGS

1% OR FAT FREE FLAVORED MILK